

Bilderdijkstraat 3 II
1052NA Amsterdam

Resume

First Name: Gretel

Last Name: Hach

Languages: English, German, Dutch

Education:

1989 – 1994 Grove Primary School, South Africa
1994 – 1999 Ludwig Uhland Realschule, Germany
1999 – 2001 Rhenish Girls High School, South Africa
2002 Delta State University, MS
2003 – 2006 University of Texas at Arlington
2008 – 2011 European School of Physical Therapy

Extracurricular Activities while in college: Received a full scholarship to play for the woman's tennis team at The University of Texas at Arlington for four years. During my four years we won the conference tournament twice. I ranked position 4 and 5 on the team.

Employment

History:

Summer of 2002 Julian Krinsky's School of Tennis, Philadelphia, PA
Tennis Instructor

- Was chosen to open a new branch of the Academy in Chicago with one other instructor
- Directed and started the branch in Chicago.
- Assisted with advertising
- At the end of six weeks, established a camp of approximately 25 new children

09/2002-12/02 General Surgeons Praxis
Nurse Assistant

- Assisted with operations
- Performed wound care, applied bandages, plaster of paris, injections, etc.

- Summer of 2003 TC Tuningen, Germany
Head Tennis Coach
- Tennis club in Germany
 - Coached private lessons to individuals of all ages
 - Coached teams and group lessons for children
 - Played 3rd League for Tennis Club Radolfzell
- Summer of 2004 TC Radolfzell, Germany
Tennis Instructor
- Coached private and group lessons for children
 - Played 3rd League for Tennis Club Radolfzell
- 08/2005-05/2006 Orthopedic Physical Therapy Specialists
PT Technician (twice to three times per week)
- Assisted patients with prescribed therapeutic exercises.
 - Stabilization for Mobilization
 - Application of hot and cold pads
 - Ultrasound/Phonophoresis
 - Electrical Stimulation, Iontophoresis
- 01/2007-01/2008 Canyon Creek Country Club
Fitness Coach & Tennis Instructor
- Taught private and group lessons to all ages
 - Head of Cardio Tennis program
 - Taught clinics and camps
 - Taught the Junior development program
- 10/2008-02/2010 Tennis School The Alley Cat
Tennis Instructor in Amsterdam
- 06/2009-10/2009 Physical Therapy Practice Monika Stöver Horstmann, Germany
Internship
- 03/2010-Current Tennis School Tennissupport
Tennis Instructor in Amsterdam
- 06/2010-09/2010 SporTherapy, DFW, TX, USA
Internship

Volunteer Work:

- 01/2006-05/2006 Neurofitness Foundation
- Post rehab center for disabled individuals
 - Nonprofit organization
 - Performed fitness assessments, evaluations
 - Established fitness programs
 - Assisted patients with exercises
 - Assisted clients with transfer from a wheelchair to a standing frame
- 01/2006-05/2006 Center for Neuro Skills
- Rehab center for clients with brain injuries
 - Observed transfer techniques
 - Assisted physical therapists with gait training on body supported treadmill and on land.

Academic titles: Bachelor of Exercise Science

Hobbies: Tennis, running, field hockey, gardening.